

Please consult your medical professional prior to use of Invertrac should you have any of the medical conditions below or others contrary to inversion.

- Hiatus hernia
- Glaucoma
- High blood pressure (hypertension)
- Dizziness
- Bone weakness (osteoporosis, recent unhealed fractures, medullary pins, artificial hip joints or other orthopedic supports surgically implanted)
- Cardiovascular insufficiencies in the limbs
- After head injury
- Poorly co-ordinated
- Fainting spells
- Acute spinal injury
- Disoriented if upside down
- Weak or frail
- Retinal detachment
- Cerebral sclerosis
- Recent stroke or transient ischemic attack

- Heart and circulatory disorders for which you are being treated
- Acutely swollen joints
- Chronic sinusitis
- Motion sickness or inner ear disorders
- Or any other medical condition that may be made more severe by an elevation of blood pressure, intracranial pressure or the mechanical stress of the inverted position, should be considered contraindication to inversion therapy.